

IN-PERSON WORKSHOP

Gender Affirming Care Hormone Initiation in Primary Care

Date: Thursday 30 October 2025

Time: 6:00-9:00PM

Venue: Pegasus House

Audience: This workshop is for GP/NP/PN teams who wish to start delivering this care to adult patients (age 18 years and above)

Presenters:

Jennifer Shields

- Managing Director - Qtopia
- President - Professional Association for Transgender Health Aotearoa

Dr Marie Burke

- GP providing this care in Waitaha Canterbury

Overview:

There is an increasing demand for gender-affirming care. Patient preference is to have this care delivered in primary care.

This workshop will cover:

- Background statistics
- Processes for assessment for an initiation of gender-affirming hormone treatments
- Primary Care Aotearoa NZ guidelines
- Practical support for practice teams who want to undertake this work
- Case studies and discussion
- Peer support

A light snack with tea and coffee, will be provided.

Registration: Please Register by Tuesday 28 October.

[Click here to register](#)

Or scan the QR code.



Professional Development - Approved:

Professional Development will be awarded. This event has been peer reviewed and meets the requirements of RNZCGP and NCNZ.

